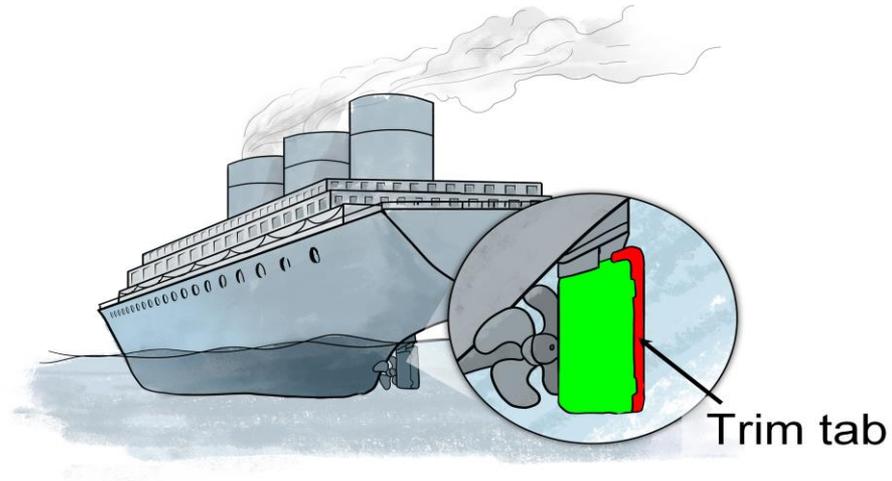
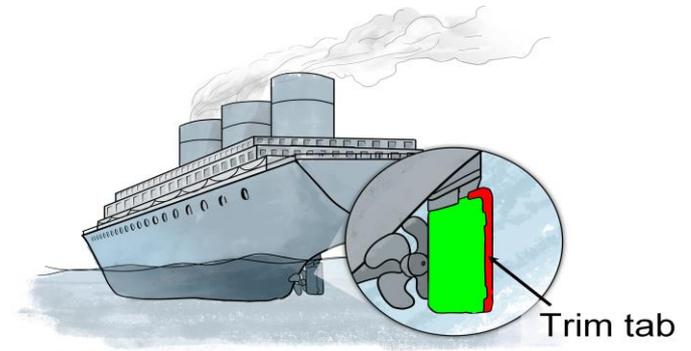


BEING A TRIM TABBER



Being a Trim Tabber



- ❑ You don't need a title to influence others.
- ❑ I love the quote from John Maxwell, "He who thinks he leads, but has no followers, is only taking a walk!" John believes the true measure of leadership is the ability to influence others. If you can't influence others, they won't follow you. And if they won't follow you, you're not a leader.
- ❑ Buckminster Fuller was a renowned philosopher and visionary known for his growth and transformation work up to the 1980's. His belief in the ability of the individual is evident in his use of the Trim Tab as a metaphor for change:
 - *"A trim tab is the tiny, trailing part of a ship's rudder. Slight pressure on the trim tab moves the rudder, which in turn directs the ship. We are all trim tabs, tiny pivots affecting the overall direction of humanity. As Fuller advised, it is time to take a long view. Zoom out, look at where we've been and where we might be going. See it? Now choose your path and act accordingly. You don't have to turn the weight of civilization, but you can be a trim tab and be part of the turning."*
- ❑ Later Steven Covey, author and educator, wrote in his book "The 8th Habit" that no matter who we are, what we do or how tough our situation, all of us can be trim tabbers if we choose.

Anyone Can be a Trim Tabber

The learning is that anyone can be a trim tabber. Don't think because you are not in a "control" position you cannot influence other. Just start small and be consistent to see others coming behind you. Think about these tips:

- ❑ No matter who we are, what we do or how tough our situation, all of us can be trim tabbers if we choose.
- ❑ Positive, lasting change comes from small beginnings. Many people have changed the world without being in power positions.
- ❑ The words you use will affect your self confidence and those around you. Be careful and aware of words you use.
- ❑ Instead of saying "I have to do this.", say ... "I get to do this". It reduces your resistance and changes your mindset.
- ❑ Instead of taking others for granted, say .. "You are awesome!". Recognize the small things others do. Make them feel good and they will follow.
- ❑ When you believe you can, you will. Just get started. Do one small thing, then another. Before you know it, people are checking you out!